**Toxic Emotions** (Series Graphic)

**Anger**

**Jealousy**

**Temptation**

**Overcoming Temptation:**

1. Know the **Word.**
2. **Run** away!
3. **Pray.**
4. Make **changes**.
5. Strengthen your **thoughts**.
6. **Accountability**.
7. Be **disciplined.**
8. With **God’s** help.

**Laziness**

**You might be lazy if:**

1. You struggle **starting** your work.

(Proverbs 24:30-34)

"I went past the field of a sluggard, past the vineyard of someone who has no sense; thorns had come up everywhere, the ground was covered with weeds, and the stone wall was in ruins. I applied my heart to what I observed and learned a lesson from what I saw: A little sleep, a little slumber, a little folding of the hands to rest--and poverty will come on you like a thief and scarcity like an armed man."

(Proverbs 14:23) "All hard work brings a profit, but mere talk leads only to poverty."

1. You struggle to **finish** what you started.

(Proverbs 20:4)

"Sluggards do not plow in season; so at harvest time they look but find nothing."

(Proverbs 19:24)

"A sluggard buries his hand in the dish; he will not even bring it back to his mouth!"

1. You over prioritize **"me" time**.

(Proverbs 21:17)

"Whoever loves pleasure will become poor; whoever loves wine and olive oil will never be rich."

1. You have undisciplined **sleeping** **patterns**.

(Proverbs 6:9-12)

"How long will you lie there, you sluggard? When will you get up from your sleep? A little sleep, a little slumber, a little folding of the hands to rest--and poverty will come on you like a thief and scarcity like an armed man."

(Proverbs 19:15)

"Laziness brings on deep sleep, and the shiftless go hungry."

(Proverbs 26:14)

"As a door turns on its hinges, so a sluggard turns on his bed."

(Proverbs 20:13)

"Do not love sleep or you will grow poor; stay awake and you will have food to spare."

1. You make **excuses** for incomplete tasks.

(Matthew 25:14-15)

“Again, it will be like a man going on a journey, who called his servants and entrusted his wealth to them. To one he gave **five** bags of gold, to another **two** bags, and to another **one** bag, each **according to his ability**.”

(Matthew 25:23)

“…**Well done**, good and faithful servant! You have been **faithful** with a **few things**; I will put you in charge of **many things**. Come and share your master’s happiness!”