**How to Have the Worst Year Ever** (graphic)

Be a **complainer**!

Complaining: expression of **dissatisfaction** or **annoyance**

(Numbers 11:1)

“Now the people **complained** about their hardships in the hearing of the Lord, and when he heard them **his anger was aroused**.”

(Numbers 11:10-15)

“Moses heard the people of **every family** wailing at the entrance to their tents. The Lord became exceedingly **angry**, and Moses was troubled. He asked the Lord, “Why have you brought this trouble on your servant? What have I done to displease you that you put the burden of all these people on me? Did I conceive all these people? Did I give them birth? Why do you tell me to carry them in my arms, as a nurse carries an infant, to the land you promised on oath to their ancestors? Where can I get meat for all these people? They keep wailing to me, ‘Give us meat to eat!’ I cannot carry all these people by myself; the burden is too heavy for me. If this is how you are going to treat me, please go ahead and kill me—if I have found favor in your eyes—and do not let me face my own ruin.”

(Numbers 11:23)

“The Lord answered Moses, ‘**Is the Lord’s arm too short**? Now you will see whether or not what I say will come true for you.”

(Numbers 11:31)

“Now a wind went out from the Lord and drove quail in from the sea. It scattered them up to two cubits deep all around the camp, as far as a day’s walk in any direction.”

(Numbers 11:33-34)

“But while the meat was still between their teeth and before it could be consumed, the anger of the Lord burned against the people, and he struck them with a severe plague. Therefore the place was named Kibroth Hattaavah, because there they buried the people who had craved other food.”

1. Realize how **dangerous** complaining can be.

When we complain, we **sin**.

(Proverbs 21:23)

“Those who guard their mouths and tongues **keep themselves from calamity**.”

1. Build your **personal contentment** to be stronger than your **cravings**.

Someone is **happier** than you with **less** then you have.

(Philippians 4:12-13)

“I know what it is to be in **need**, and I know what it is to have **plenty**. I have learned the secret of being **content** in any and every situation, whether well fed or hungry, whether living in plenty or in want. **I can do all things through him who gives me strength**.”

1. Take responsibility and **do something**.

Spending **today** complaining about **yesterday** will never make **tomorrow** better.

Complaining is finding faults. **Wisdom is finding solutions**.

1. Be a **positive** person.

Positive people always complain **less**.

If you can’t be positive, **at least be quiet**.

(Philippians 2:14)

“**Do everything without grumbling** **or arguing**, so that you may become blameless and pure,”

(Numbers 21:4-5)

“…But the people grew impatient on the way; **they spoke against God and against Moses**, and said, ‘Why have you brought us up out of Egypt to die in the wilderness? There is no bread! There is no water! And we detest this miserable food!’”

(Numbers 21:6)

“Then the Lord sent venomous snakes among them; they bit people and many Israelites died.”

(Numbers 21:8)

“The Lord said to Moses, “Make a snake and put it up on a pole; anyone who is bitten can look at it and live.”

(John 3:14-15)

“Just as Moses lifted up the snake in the wilderness, so the Son of Man must be lifted up, that everyone who believes may have eternal life in him.”

The remedy for the sin of complaining: **Jesus**.