**Reset (Graphic)**

**Week 1:** Unplug

1. **Unplug** from distractions
2. **Unmoved** by temptations
3. **Unravel** the wreckage

**Week 2:** Plug-in

1. Plug-in with **scripture.**
2. Plug-in with **prayer.**

Prayer and study is the hard work of gradual spiritual growth.

**21 Day Reset:**

* 21 day reading plan
* Wednesday night prayer gathers (6pm)
* Fasting plan
* Daily prayer
* Unplug from distractive habits/activities

**Reset:** Plug-in part II

1. Plug-in with **praise and worship.**

**Praise:** *to boast or exalt*

(Jeremiah 9:23-24)

“This is what the Lord says: Let not the wise boast of their wisdom or the strong boast of their strength or the rich boast of their riches, **but let the one who boasts boast about this: that they have the understanding to know, that I am the Lord**, who exercises kindness, justice and righteousness on earth, for in these I delight,” declares the Lord.”

(1 Corinthians 1:31)

“Therefore, as it is written: “Let the one who boasts **boast in the Lord**.”

**Praise:** *to give thanks.*

(Psalm 106:1)

“Give thanks to the Lord, for he is good.”

(Psalm 107:1)  
“Give thanks to the Lord, for is he good; his love endures forever.”

**Praise:** *with songs and instruments.*

(Psalm 149:1)

Praise the Lord. Sing to the Lord a new song, his praise in the assembly of his faithful people.”

(Psalm 150)

“Praise God in his sanctuary; praise him in his mighty heavens. Praise him for his acts of power; praise him for his surpassing greatness. Praise him with the sounding of the trumpet, praise him with the harp and lyre, praise him with timbrel and dancing, praise him with strings and pipe, praise him with the clash of cymbals, praise him with resounding cymbals. Let everything that has breath praise the Lord.”

**Worship:** *to bow.*

(Psalm 95:6)

“Come, let us bow down in worship, let us kneel before the Lord our Maker, for he is our God and we are the people of his pasture, the flock under his care.”

**Worship:** *to serve, to minister.*

(Matthew 4:10)

“Jesus said to him, “Away from me Satan! For is it written: ‘Worship the Lord your God, and serve him only.”

**Worship** is often accompanied by **praise**.

God is waiting for human invitation to manifest himself, and **worship is the means for inviting him to do so**.

1. Plug-in with **people through community.**

(Acts 4:23-24a)

“On their release, Peter and John went back to their **own people** and reported all that the chief priests and the elders had said to them. When they heard this, they raised their voices **together in prayer** to God…”

You need your **own people**.

(Acts 2:1-2)

“When the day of Pentecost came**, they were all together in one place**. Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting.”

You need your **own people.**

You need your **one** **place**.

(Acts 4:31)

“**After they prayed**, the place where they were meeting was **shaken**. And they were all **filled with the Holy Spirit** and spoke the word of God **boldly**.”

Plug-in with praise and worship and live **unhindered**.

Plug-in to community and be **unstoppable**.