**Elect Joy (Graphic)**

Week 1: **Joy Always**

Week 2: **Joy Beyond Yourself**

Week 3: **Joy’s Focus**

* God grants freedom from your past.
* God gives purpose for the present.
* God has a plan for the future.

**Joy’s focus is to live with eternity in mind.**

**Joy for Life**

(Philippians 4:1 NLT)

“Therefore, my dear brothers and sisters, stay true to the Lord. I love you and long to see you, dear friends, for you are my joy and the crown I receive for my work.”

(Philippians 4:4)

“Rejoice in the Lord always. I will say it again: **Rejoice**!”

(Philippians 4:6)

“Do not be anxious about anything…”

Worry is a **killjoy**.

(Luke 12:22-25)

“Then Jesus said to his disciples: ‘Therefore I tell you, do not worry about your life, what you will eat; or about your body, what you will wear. Life is more than food, and the body more than clothes. Consider the ravens: They do not sow or reap, they have no storeroom or barn; yet God feeds them. And how much more valuable you are than birds! Who of you by worrying can add a single hour to his life?”

(Philippians 4:10-12)

“How I praise the Lord that you are concerned about me again. I know you have always been concerned for me, but you didn’t have the chance to help me. I am not saying this because I am in need, for I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.

A key to life with joy: **choose it every day**.

Joy for Life

1. Worry about nothing, **pray about everything**.

(Philippians 4:6-7)

“Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”

1. Fix your **thinking**.

(Philippians 4:8-9)

“Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Whatever you have learned or received or heard from me, or seen in me—put into practice. And the God of peace will be with you.”

1. Trust the **source**.

(Philippians 4:12-12)

“I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. **I can do everything through him who gives me strength**.”

(Romans 8:31)

“What, then, shall we say in response to these things? **If God is for us, who can be against us**?”

(Philippians 4:21-23)

“Greet all the saints in Christ Jesus. The brothers who are with me send greetings. All the saints send you greetings, especially those who belong to Caesar’s household. The grace of the Lord Jesus Christ be with your spirit. Amen.”

Joy wins.