Praying the Word

1. The best way to **pray** when you don’t know what to **say**.

(Psalm 119:11)

“I have hidden **your word in my heart** that I might not sin against you.”

(Psalm 119:15-16)

“I **meditate** on your precepts and consider your ways. I delight in your decrees; **I will not neglect your word**.”

(Psalm 119:92-93)

“If your law had not been my delight, I would have perished in my affliction**. I will never forget your precepts, for by them you have preserved my life**.”

(Psalm 119:97)

“Oh, how I love your law! I meditate on it all day long.”

(Psalm 119:105)

“Your **word** is a **lamp** for my feet, a **light** on my path.”

1. **Defeat** the Devil’s **deceit**

The **written word of God *wins*** against the spoken lies of the enemy.

1. **Repeat** it until you **believe** it.

(Matthew 6:9-11)

“**This, then, is how you should pray**: ‘Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. **Give us today our daily bread**.”

**Anxiety/Depression**

(Philippians 4:6)

“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.”

**Anxiety/Depression**

(Philippians 4:7)

 “And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”

**Anxiety/Depression**

(1 Peter 5:7)

“Cast all your anxiety on him because he cares for you.”

**Fear**

(2 Timothy 1:7)

“For God has not given us a spirit of fear, but of power and of love and of a sound mind.”

**Fear**

(Psalm 56:3)

“When I am afraid, I put my trust in you.”

**Fear**

(Psalm 34:4)

“I sought the Lord, and he answered me; he delivered me from all my fears.”

**Healing**

(Isaiah 53:5)

“But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed.”

**Healing**

(Psalm 103: 2-3)

“Praise the Lord, my soul, and forget not all his benefits—who forgives all your sins and heals all your diseases,”

\*\*\*\**Bold items are YELLOW on screen, Underlined items are BLANKS in handout\*\*\*\**